

**Think you  
are  
affected by  
CARBON  
MONOXIDE?**

- Make sure everyone leaves the tent or caravan
- Turn off any gas valves
- Get medical attention for anyone feeling unwell
- Tell the park manager
- Do not re-enter your tent or caravan
- Call the Emergency Services

Northamptonshire Fire and  
Rescue Service  
Moulton Way  
Northampton  
NN3 6XJ

Tel: 01604 797000

Fax: 01604 797070

Email: [enquiries@northantsfire.org.uk](mailto:enquiries@northantsfire.org.uk)

Web: [www.northamptonshire.gov.uk](http://www.northamptonshire.gov.uk)



**This information can be provided in other formats such as other languages, braille, audiocassette etc.**

**If you require another format please phone (01604) 797000 and quote the reference number NFRS22**

**Further Information:-**

- [www.co-awareness.com](http://www.co-awareness.com)
- [www.campingandcaravanningclub.co.uk/helpandadvice/camping-safety](http://www.campingandcaravanningclub.co.uk/helpandadvice/camping-safety)
- [www.gassaferegister.co.uk/learn/carbon\\_monoxide\\_kills.aspx](http://www.gassaferegister.co.uk/learn/carbon_monoxide_kills.aspx)
- [www.nhs.uk/conditions/carbon-monoxide-poisoning](http://www.nhs.uk/conditions/carbon-monoxide-poisoning)



**You can't see it  
and  
you can't smell it!**

**CARBON  
MONOXIDE**



**Are you at risk?**



## Carbon Monoxide

### Kills

Carbon Monoxide is produced by burning any fossil fuel, including charcoal, LPG, Butane and Propane. It will build up in the confined space of tents, caravans and awnings. You cannot smell, taste or see Carbon Monoxide.



### Carbon Monoxide Can Be Explosive

The symptoms are easily mistaken for flu or food poisoning:

- Headache
- Dizziness
- Feeling sick
- Vomiting
- Unable to think clearly
- Tiredness

## Cosy but deadly

The carbon monoxide from a badly adjusted camping light or stove can kill.

Barbecues in enclosed spaces are lethal, too.



- Do not use camping stoves or BBQs inside your tent/awning
- Consider wind direction when placing BBQs so you do not fill your tent with poisonous gases
- Do not use spent BBQs or cooking equipment inside tents for warmth



### FIT AN AUDIBLE CARBON MONOXIDE ALARM

- Get your gas appliances serviced every year, always use a gas safe engineer
- Ensure your appliances burn with a blue flame. Any yellow/orange flames or black sooty stains mean you could be at risk
- Don't block ventilation

**Gas BBQs can kill too....**



**A caravan awning could start you yawning!**